



OSTEOSARCOMA DAY

Elena's Iberian Wave

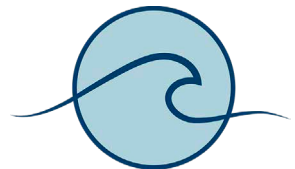
Porto, 12th September 2025



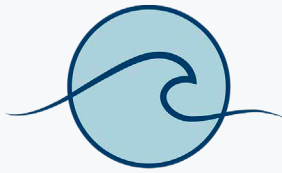
UNIDADE LOCAL DE SAÚDE
SANTO ANTÓNIO



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FUNDACIÓN
Elena Terte



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Introduction

- Osteosarcoma is the most frequent malignant bone tumor;
- It's the third malignant tumor more frequent in children and adolescents;
- Osteosarcoma treatment requires an expert multidisciplinary approach.

Goals

- To connect the multidisciplinary experience of health professionals to patients and families;
- To offer more visibility to OSTEOSARCOMA and to increase humanization to it;
- To present the IBERIAN EARLY DIAGNOSIS campaign of Fundación Elena Tetre;
- To promote an early diagnosis and adequate treatment by a multidisciplinary experienced team in a Referral Center;
- To increase information and support for patients.

Vision

- That one day Sarcomas will be preventable and curable;
- That sarcoma patients live longer and have higher quality of life.

The Portuguese Cancer League

(Liga Portuguesa Contra o Cancro)

Since 1941 is giving humanization and solidarity in cancer for the Portuguese patients and families. The League promotes education, knowledge, equality, respect, and cancer prevention. Its work is extremely vast and fundamental for the Portuguese society, the mission has increased through the years and it goes from the cancer prevention, research, treatment, and patient's rights when living with disabilities after a cancer. Furthermore, the League creates bonds across borders and its support is publicly recognized. Portugal respects and is grateful to The League!

Moderators & Presenters

Ana Ferreira, Medical Oncologist
Instituto Português de Oncologia, Francisco Gentil,
E.P.E., Porto (IPO-Porto), Portugal

Ana Peiró, Orthopaedic Oncology Surgeon
Hospital de la Santa Creu y Sant Pau, Barcelona,
Spain

André Coelho, Pathologist
Unidade Local de Saúde de Santo António / Centro
Hospitalar Universitário de Santo António (ULSSA),
ICBAS-Univ. Porto, Portugal

Beatriz Fernández Sanz
Fundación Elena Terter

Bruno Sousa, Nutritionist, Main Head of Nutrition
Department, Professor
Serviço de Saúde da Região Autónoma da Madeira
(SESARAM); Universidade Lusófona de Lisboa –
Centro Universitário de Lisboa, Portugal

Catarina Faria, Palliative Care Medicine
Unidade Local de Saúde de Santo António / Centro
Hospitalar Universitário de Santo António (ULSSA),
ICBAS-Univ. Porto, Portugal

Carlos Fonseca, Nutritionist (and patient), Portugal

Celia del Peso, Biomedical Engineer
Rayo-Seco Systems (Medical simulation), Spain

Eduardo Ortiz Cruz, Orthopaedic Oncology
Surgeon, Professor
Hospital Universitario La Paz / MD Anderson Cancer
Center, Madrid, Spain

Elga Freire, Main Head of the Palliative Care
Medicine Department, Professor
Unidade Local de Saúde de Santo António / Centro
Hospitalar Universitário de Santo António, ICBAS-
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Esperanza Vicente Mellado, Oncology Nurse
Navigator
MD Anderson Cancer Center, Madrid, Spain

Ferrán Torner, Pediatric Orthopaedic Oncology
Surgeon
Hospital Sant Joan de Deu, Barcelona, Spain

Francisco Fernández Serrano, Orthopaedic
Oncology Surgeon
Hospital Universitario Virgen de las Nieves, Granada,
Spain

Francisco Javier de Santos, Orthopaedic Oncology
Surgeon
Hospital Universitario Virgen de la Victoria, Málaga,
Spain

Inês Balacó, Pediatric Orthopaedic Oncology
Surgeon
Unidade Local de Saúde de Coimbra / Hospital
Pediátrico de Coimbra (ULSC), Portugal

Isidro Gracia Alegría, Orthopaedic Oncology
Surgeon
Hospital de la Santa Creu y Sant Pau, Barcelona,
Spain

Israel Pérez Muñoz, Orthopaedic Oncology Surgeon
Hospital Universitario Ramón y Cajal, Madrid, Spain

Ivan Beirrutti, Orthopaedic Surgeon
Hospital Doctor Negrín, Las Palmas de Gran Canaria,
Spain

João Bessa, Psychiatrist, Professor, Research of
ICVS, and President of the Portuguese Psychiatry and
Mental Health Association (SPPSM)
ULS de Braga / Hospital de Braga, Minho University,
Braga, Portugal

João Freitas, Orthopaedic Oncology Surgeon
Unidade Local de Saúde de Coimbra / Centro
Hospitalar Universitário de Coimbra (ULSC), Portugal

João Louro, Intervention Radiologist
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José Casanova, Orthopaedic Oncology Surgeon,
Full Professor
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José Dinis Silva, Medical Oncologist (Main Head of
the Oncological Diseases Plan at DGS & Coordinator
of the Clinical Investigation Unit at IPO-P)
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Juan Luís Cebrián Parra, Orthopaedic Oncology
Surgeon, Professor
Hospital Universitario Clínico San Carlos, Universidad
Complutense de Madrid, Madrid, Spain

Laura Sánchez Rodríguez, Orthopaedic Oncology
Surgeon
Hospital Virgen de las Nieves, Granada, Spain

Lúcio Lara Santos, Oncological Surgeon, Main Head
of Surgery Department, Full Professor, Researcher,
Portuguese Representative at WHO
Instituto Português de Oncologia, Francisco Gentil,
E.P.E., Porto (IPO-Porto), Portugal; International
Agency for Research on Cancer (IARC) of WHO;
Coordinator of Integrated Master in Medicine,
University Fernando Pessoa (Porto), Portugal

Luís Ramos Pascua, Orthopaedic Oncology Surgeon,
Main Head of Orthopaedics and Traumatology
Department
Hospital 12 de Octubre, Madrid, Spain

Manuel Magalhães, Medical Oncologist
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Manuela Gomes, Bioengineering Full Professor
(Medical and Biomedical Sciences) & UMIB Group
Leader, Chair of TERMIS-EU
Unit for Multidisciplinary Research in Biomedicine
(UMIB), School of Medicine and Biomedical Sciences,
University of Porto (ICBAS-UP), Portugal

Matilde Ribeiro, Main Head of Plastic Surgery and
Soft Tissue Sarcomas Department
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Michiel Van de Sande, Pediatric Orthopaedic
Oncology Surgeon, Professor, President of the
European Musculo-Skeletal Tumors Society (EMSOS)
Princess Maxima Center (Utrecht) and Leiden
University Medical Center (LUMC), The Netherlands

Paula Diaz, Oncology Nurse Navigator
Hospital Universitario La Paz, Madrid, Spain

Pedro Cardoso, Orthopaedic Oncology Surgeon,
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Raquel Romão, Medical Oncologist
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Hospitalar Universitário de Santo António (ULSSA),
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Rui Almeida, Pathologist
Unidade Local de Saúde de Coimbra / Centro
Hospitalar Universitário de Coimbra (ULSC), Portugal

Sara Chacón Cartaya, Orthopaedic Oncology
Surgeon
Hospital Virgen del Rocío, Sevilla, Spain

Sofia Baptista, General Practitioner, Professor &
Coordinator of the General and Family Medicine Unit
at CUF-Porto
CUF Porto & Faculty of Medicine, University of Porto,
Portugal

Vânia Oliveira, Orthopaedics Oncology Surgeon,
Professor
Coordinator of the Tumors Section (STAL) of the
Portuguese Orthopaedics and Traumatology Society
(SPOT)
Unidade Local de Saúde de Santo António / Centro
Hospitalar Universitário de Santo António (ULSSA),
Unit for Multidisciplinary Research in Biomedicine
(UMIB, ICBAS-Univ. Porto, Portugal)

PROGRAM

08.30-08.45 Coffee station

08.45-09.15 Welcome & Opening

09.15-09.25 Eduardo Ortiz Cruz & Vânia Oliveira

Section 1. Diagnosis

Moderators: The Portuguese Cancer League, Sofia Baptista

09.25-09.40 Elena's Iberian Wave: Early Diagnosis Campaign (Fundación Elena Tertre)

09.45-09.50 Is Osteosarcoma Day useful to increase the Wave? (Ana Peiró)

Moderator: Beatriz Fernández Sanz

09.55-10.15 Round Table: Patients Q&A

10.20-10.30 Parents Perspective: My son/daughter has a cancer! Elena & David Tertre

Moderator: Rui Almeida

10.35-10.45 Biopsy and imaging challenges (João Louro)

10.50-11.00 Challenges of histological diagnosis, and emerging role of AI and proteomics (André Coelho)

11.05-11.15 Clinical Cases

Moderator: Luis Ramos Pascua

Presenta: Juan Luís Cebrián

11.20-11.40 Coffee Break

11.40-12.15 Life After a Cancer

Moderator: Sara Chacón Cartaya

11.40-11.50 Quality of Life (Eduardo Ortiz Cruz)

11.55-12.05 Canoeing Athlete: How is it Possible after a Cancer? Nicolas Martinez Adega Testimony

12.10-12.15 Surfing the wave: Mireia Cabañes Testimony

Section 2. Multidisciplinary Treatment

Moderator: Eduardo Ortiz Cruz, Manuel Magalhães

12.20-12.30 Sharing decision making (Michiel Van de Sande)

12.35-12.45 Orthoplastic: the key is always soft tissue! (Matilde Ribeiro)

Moderator: Israel Pérez Muñoz

12.50.13.05 The challenge of pelvic surgery: is there still a role for Pelvic Sarcomas Surgery without advanced technology? (Hospital La Paz / Bioengineering by Rayo Seco Eduardo J. Ortiz-Cruz; Celia del Peso Ley)

Moderator: Ana Ferreira
13.10-13.20 Systemic treatment stagnation... Where can we go? (Raquel Romão)

Section 3. Translational Investigation

Moderators: Lúcio Lara Santos, Manuela Gomes, Michiel Van de Sande
13.25-13.35 Leaping forward: Translational Investigation through Clinical Academic Centres (José Dinis Silva)

13.40-14.45 Lunch

Section 4. Being a Doctor and a Patient

Moderators: Pedro Cardoso
14.45-14.55 Dr. Ivan Beirrutí
15.00-15.10 Professor Doutor João Bessa

Section 5. Orthopaedics Surgeons Perspective

Moderator: Eduardo Ortiz Cruz Fellow: Laura Sánchez Rodríguez
15.15-14.25 Round Table Q&A: José Casanova, Juan Luís Cebrián, Isidro Gracia Alegría & Pedro Cardoso

Section 6. Orthopaedics Oncology Surgery

Moderator: Beatriz Fernández Sanz
15.30-15.50 Round Table Q&A: Michiel Van de Sande, Inês Balacó, Ferrán Torner Rubies, & Esperanza Vicente Mellado

Moderator: Francisco Fernández Serrano
15.55-16.05 Megaprotheses Salvage Procedures (João Freitas)
16.10-16.20 Megaprotheses patients' testimony
16.25-16-35 Rotationplasty Patient

Section 7. Limb Amputation

Moderators: Vânia Oliveira
16.40-16.50 Leaping Forward: Osseointegration for Amputees! (Francisco Javier de Santos)
16.55-17.05 Osseointegrated Patient

Section 8. Not Behind the Scenes: Making all the Difference

Moderators: Bruno Sousa, Elga Freire, Paula Díaz
17.10-17.20 The Role of the Oncology Nurse Navigator: A Game Changer! (Esperanza Vicente Mellado)
17.25-17.35 Humanization... Always! (Catarina Faria)
17.40-17.50 Oncological Nutrition by a Nutritionist and a Patient (Carlos Fonseca)
18.00-18.15 Closing Remarks (Eduardo Ortiz Cruz & Vânia Oliveira)

SCIENTIFIC COMMISSION

Vânia Oliveira, Porto
Eduardo Ortiz Cruz, Madrid



VENUE



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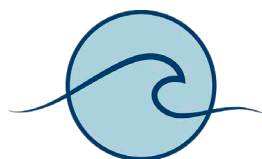
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SCIENTIFIC SUPPORT

